

IOM Social and Behavioral Domains and Measures

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Domain	Measure [*]	Frequency
Race or ethnic group [†]	1. What is your race? 2. Are you of Hispanic, Latino, or Spanish origin?	At entry
Education	1. What is the highest level of school you have completed? 2. What is the highest degree you earned?	At entry
Financial-resource strain	How hard is it for you to pay for the very basics like food, housing, medical care, and heat?	Screen and follow up
Stress	Stress means a situation in which a person feels tense, restless, nervous, or anxious, or is unable to sleep at night because his or her mind is troubled all the time. Do you feel this kind of stress these days?	Screen and follow up
Depression	Over the past 2 weeks, how often have you been bothered by 1. Little interest or pleasure in doing things? 2. Feeling down, depressed, or hopeless?	Screen and follow up
Physical activity	1. On average, how many days per week do you engage in moderate to strenuous exercise (like walking fast, running, jogging, dancing, swimming, biking, or other activities that cause a light or heavy sweat)? 2. On average, how many minutes do you engage in exercise at this level?	Screen and follow up
Tobacco use [†]	1. Have you smoked at least 100 cigarettes in your entire life? If yes: 2. Do you now smoke cigarettes every day, some days, or not at all?	Screen and follow up
Alcohol use [†]	1. How often do you have a drink containing alcohol? 2. How many standard drinks containing alcohol do you have on a typical day? 3. How often do you have six or more drinks on one occasion?	Screen and follow up
Social connection or isolation	1. In a typical week, how many times do you talk on the telephone with family, friends, or neighbors? 2. How often do you get together with friends or relatives? 3. How often do you attend church or religious services? 4. How often do you attend meetings of the clubs or organizations you belong to?	Screen and follow up
Intimate-partner violence	1. Within the last year, have you been humiliated or emotionally abused in other ways by your partner or ex-partner? 2. Within the last year, have you been afraid of your partner or ex-partner? 3. Within the last year, have you been raped or forced to have any kind of sexual activity by your partner or ex-partner? 4. Within the last year, have you been kicked, hit, slapped, or otherwise physically hurt by your partner or ex-partner?	Screen and follow up
Residential address [†]	What is your current address?	Verify at every visit
Census-tract median income	Geocoded	Update on address change

* Wording is taken from existing measures; standard response categories are available. Psychometric testing of the full panel, including ordering and wording, has not yet been conducted.

† This domain is already widely included in clinical practice.